



Wyndham Netball Association Inc.

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Eagle Stadium – 35 Ballan Rd, Werribee 3030

Wyndham Player Development Program - Autumn 2022

The Program replaces our Representative program for 2022. The program is built for players that have the desire to represent WNA in the Central West Championships in May, with the final selection of our sides being from players within this program.

We will host 7-8 Training session and looking to participate in 1 tournament in the lead up to the Central West Championships.

Training will be based on

1. Enhance the skills of the players
2. Teaching players game tactics
3. Educate on proper preparation for games and recovery after games
4. Strength and conditioning
5. Umpiring

Age Groups

U13 Mixed Players born 2009/10

U15 Girls Players born 2008/07

U17 Girls Players Born 2006/2005

**U11 Players WNA is looking at running a Rep Development program in the Spring for this age group

Training and Tournament Schedule

Training will be held on Sunday's from 9.30-11am

Selection Criteria

Athletes will be judged on the following criteria

1. Ball handling technique in throwing & catching
2. Athleticism - Footwork, running ability, jumping, and landing
3. Game sense, spacial awareness and the ability to read the play
4. Decision making under pressure
5. Leadership and communication skills
6. Attitude and level of commitment to personal development
7. Coachable

| Event | Date |
|-------------------------|--------|
| Training | 6-Mar |
| No Training Labour Day | 13-Mar |
| Training | 20-Mar |
| Training | 27-Mar |
| Training | 3-Apr |
| Training | 10-Apr |
| No Training Easter | 17-Apr |
| Training | 24-Apr |
| Training | 1-May |
| Tournament Ballarat TBC | 8-May |
| Training | 15-May |
| Central West Champs | 22-May |

A panel of Coaches and selectors will pick the Sides to represent WNA with these teams to be announced prior to the first tournament.

Cost

\$90/player to participate in the training program Plus \$50/player additional for those selected to play in the tournaments.

To Register please click on the below link <https://form.jotform.com/220467649649874>