

COVIDSAFE COMMUNITY NETBALL GUIDELINES FOR ASSOCIATIONS, LEAGUES, CLUBS AND MEMBERS EFFECTIVE 12 JULY 2022

GENERAL INFORMATION

Maintain 1.5 metre physical distancing.
If you have any COVID symptoms, do not attend.
Get vaccinated.

GENERAL INFORMATION - PLAYING AND TRAINING

If you have any COVID symptoms, do not attend.
If you are a household contact exempt from isolation, it is recommended you do not train, play or participate in community netball activity.
Minimise the use of shared equipment.
Consider using Gearlock, a 12-hour disinfectant and protectant product, on equipment.
Do not share drink bottles, hand towels or other personal items.
Provide hand sanitiser at all training and competition venues.
If you test positive to COVID follow the [Checklist for COVID Cases](#)

VACCINATION REQUIREMENTS

There is no requirement for participants, or those supporting community netball, to be fully vaccinated.
[Worker Vaccination Requirements](#) have changed.
There is no longer a requirement for workers or volunteers involved in community netball to provide evidence of their COVID vaccination status.

FACE MASKS

Face masks are recommended where 1.5 metre physical distance cannot be maintained.
A face mask must be worn by household contacts when outside of their home.
Players and umpires are not required to wear a face mask while actively participating in community netball.

CHECK IN

Checking in is no longer required at community sporting venues.
COVID Check-in Marshals are no longer required at community sporting venues.

COVID SAFE PLAN

COVIDSafe Plans must be updated regularly. Where the capacity for a venue is 500 or more, a COVIDSafe Plan must be published on the website.
Go to [Netball Victoria's COVIDSafe Community Netball](#) site to download a copy of the COVIDSafe Plan template.

COVIDSAFE COMMUNITY NETBALL INFORMATION FOR POSITIVE COVID CASES AND CONTACTS EFFECTIVE 12 JULY 2022

Information regarding the management of positive COVID cases and contacts.

COVID CASES IN NETBALL

Anyone that tests positive must:

- Isolate at home for 7 days.
- [Report your result here.](#)
- Follow the [Checklist for COVID Cases.](#)
- Do not train, play, or participate in any community netball activity.
- Notify your team, club and association about your positive result.
- You do not need to get tested again to be released from isolation. You are automatically released after 7 days and can return to netball activity.

POSITIVE COVID CASES - RAPID ANTIGEN TESTS AND PCR TESTS

Anyone that tests positive on a Rapid Antigen Test is subject to the same requirements as a confirmed case from a PCR test.

Anyone that tests positive on a Rapid Antigen Test must:

- Report the result of your positive Rapid Antigen Test [here](#) or call 1800 675 398.
- Isolate at home for 7 days from the date of your positive Rapid Antigen Test.
- Notify household contacts immediately. Household contacts include anyone you have spent 4 or more hours with, in a household setting.
- All household contacts must get tested if they have symptoms and follow the guidelines for household contacts.
- Notify your social contacts including your workplace or school immediately.
- Workplace and social contacts must get tested if they have symptoms and follow the guidelines for workplace and social contacts.

ENDING ISOLATION

You do not need to get tested to be released from isolation. You are automatically released after 7 days.

If after 7 days, you still have COVID symptoms, you should remain isolated.

If you have recovered from COVID, you are not required to get tested or isolate if you are exposed to a positive COVID case within 4 weeks of ending your isolation period.

After 4 weeks, you must follow the relevant advice.

HOUSEHOLD CONTACTS

If you are a household contact it is [recommended you do not](#) train, play or participate in community netball activity.

Approval to participate is ultimately up to the club, association and league to determine.

You are a household contact if you have spent more than 4 hours with someone who has COVID, inside a house, accommodation or care facility.

Your household contact period is 7 days.

If you are a household contact, you do not need to isolate at home if you test negative using a Rapid Antigen Test.

You must:

- Take a Rapid Antigen Test on 5 out of the 7 days and return a negative result on each test.
- Wear a mask indoors when you leave your home.

If all tests are negative by day 7, you are released from all household contact requirements.

If you choose to not follow these steps, you must isolate at home for 7 days.

If you test positive on a Rapid Antigen Test or PCR test:

- You must isolate at home for 7 days.
- [Report your result here.](#)
- Follow the [Checklist for COVID Cases](#)
- Notify your workplace, school and social contacts.

SOCIAL AND WORKPLACE CONTACTS

Social or workplace contacts may continue to train, play and participate in community netball if they do not have any COVID symptoms.

You are a social or workplace contact if you have spent more than 15 minutes face-to-face with someone who has COVID.

You are a social or workplace contact if you have spent more than 2 hours in the same indoor space (such as an office or restaurant) with someone who has COVID.

If you have symptoms, you must take a Rapid Antigen Test or get a PCR test.

If you test negative, there is no need to isolate, but you should monitor for symptoms and continue to use a Rapid Antigen Test daily for 5 days.

If you do not have symptoms, it is strongly recommended you use a daily Rapid Antigen Test for 5 days.

If you test positive on a Rapid Antigen Test or PCR test:

- You must isolate at home for 7 days.
- [Report your result here.](#)
- Follow the [Checklist for COVID Cases](#)
- Notify your workplace, school and social contacts.

SCHOOL AND CHILDCARE CONTACTS

It is recommended that students and staff at schools and childcare settings undertake regular Rapid Antigen Testing.

The school or childcare centre will notify you if you or someone in your care has been in contact with a positive COVID case.

If you have symptoms, you must take a Rapid Antigen Test or get a PCR test.

CHECKLIST FOR POSITIVE COVID CASES

If you have tested positive to COVID, find out what to do here

<https://www.coronavirus.vic.gov.au/checklist-cases>

CHECKLIST FOR COVID CONTACTS

If you have been told you have been in contact with someone who has tested positive to COVID, find out what to do here <https://www.coronavirus.vic.gov.au/checklist-contacts>